

Guidance

Guidance within the Wellbeing area of learning at Junior Cycle

Wellbeing at Junior Cycle: Wellbeing will provide learning opportunities to enhance the physical, mental, emotional and social wellbeing and resilience of students, and which will enable students to build life-skills and develop a strong sense of connectedness to their school and community. It will also emphasise the role that students play in their family, community and society in general.

This area of learning will incorporate learning traditionally included in PE, SPHE and CSPE. A school may also choose to include other areas in their provision for Wellbeing (*Framework p.22*).

Guidance within Wellbeing

Guidance provides a range of learning experiences in a developmental sequence that assist students in developing self-management skills which lead to effective choices and decisions about their lives. It encompasses the three separate, but interlinked, areas of personal and social development, educational guidance and career guidance. *While it is the sole remit of the qualified Guidance Counsellor to engage in the delivery of personal counselling, psychometric testing and career guidance other guidance related learning can be delivered at whole schools level, e.g., study skills, transitions, health and nutrition (NCCA Wellbeing Guidelines 2016)*

Exploring Guidance in Wellbeing

Overview

Provision of guidance in the junior cycle Wellbeing Programme can be made in a variety of ways:- through shorter learning units and/or as part of related subjects. In the context of the Framework for Junior Cycle, Guidance links to Statements of Learning 1, 5, 6, 10 and 11 and to particular elements of the eight Key Skills.

Assessment and Reporting

Most of the assessment activities during the teaching of Guidance will be formative in nature and classroom based. The wellbeing indicators will inform assessment and reporting.

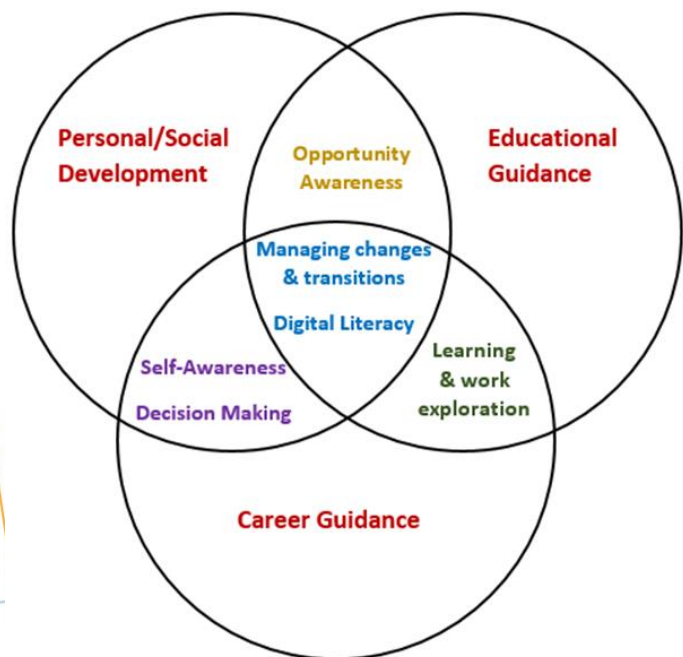
Students may demonstrate their learning through Classroom-Based Assessment/s.

Student achievement will be reported upon by the school through regular reports as well as the Junior Cycle Profile of Achievement (JCPA).

Teaching and Learning

Learning is based around the following areas:

Guidance Counselling



Templates to assist in planning for teaching learning and assessment are available from JCT.