

Recording Reflection Strategy – Skill Development

This strategy was developed as part of an Applied Technology CPD 2020/2021 workshop which took place during the 2020/2021 school year. All materials used during this workshop can be viewed in the Technologies section of www.jct.ie within the ‘CPD Workshops’ tile.



Who is this strategy for?

This strategy is for all Junior Cycle students to support the recording and development of reflection, analysis and evaluation skills, in the context of students’ skill progression.



What is this strategy?

This strategy provides students with an opportunity to pause, reflect, analyse, and make judgements on their learning journey and skills at a particular moment in time. It supports students in recording and making judgements about the range and depth of their skill development, to inform future learning.



When can students use this strategy?

This strategy can be used during a project, at the end of a unit of learning or as a self-reflection and analysis task between units of learning. There are four sections: *Identify, Select, Analyse* and *Make Judgements* with short prompt questions in each to promote thinking and reflection in relation to skills. The format is designed to be accessible and quick for students to complete.



Where can I find this strategy?

This strategy was used in the context of a unit of learning in the Applied Technology 2020/2021 CPD workshop which can be found [here](#). It also features in the **Teaching and Learning Classroom Supports** in the **Resources** section of the JCT website, found [here](#).



Why should I use this strategy?

This reflection strategy encourages students to identify the range and depth of their skill development and to record their thinking. It supports students in setting achievable and manageable targets. The strategy reminds students to ask for help, to listen to feedback and to effectively manage their time and resources.



How can I apply this strategy?

It is encouraged to use this strategy as a starting point and adapt the questions to suit your students and your context. The prompt questions within each of the four sections can be adapted to relate to the chosen learning outcomes or the development of specific skills which your unit of learning focuses on.

Reflection on skills

Instructions:

- 1. Identify** - Identify the skills you engaged with during this activity / learning.

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- 2. Select** - Choose two of the skills identified to further reflect on.

Skill 1:

Skill 2:

- 3. Analyse** - What do you consider your areas of strength and areas for improvement in relation to both skills?

	Areas of Strength	Areas for Improvement
Skill 1		
Skill 2		

- 4. Making a judgement** - What do you need to do to further develop these skills?

	Further supports needed to develop skills.
Skill 1	
Skill 2	