

## SMARTA Targets

1. Students will create a Word Blast on the topic of smoking with a minimum of 5 words within 3 minutes.
2. Students will participate in a Kahoot Smoking related Quiz using ICT.
3. Students will watch a video on the personal and social consequences of smoking.
4. Students will match 5 words/ pictures to descriptions on the personal and social consequences of smoking.
5. Students will engage in a walking debate on the reasons why people start to smoke and discuss their chosen reason.
6. Students will complete a choice of cross-curricular home/school extension activities on the topic of smoking.
7. Students will demonstrate their learning by recalling one fact or word that they learned in the lesson.

## Smoking Matching Activity

# Passive Smoking

Passive smoking or second-hand smoke contains more than 4000 chemicals, with 60 cancer-causing chemicals.

# Heart Health

Smoking contributes to the long-term clogging or narrowing of the arteries and increases the risk of

blood clots. These clots can suddenly block an artery completely causing a heart attack or stroke.

## Yellow Teeth

Smokers' teeth tend to develop tobacco stains; these may be yellow, brown, dark brown or even black stains, the severity depending partly on duration and frequency of the habit.

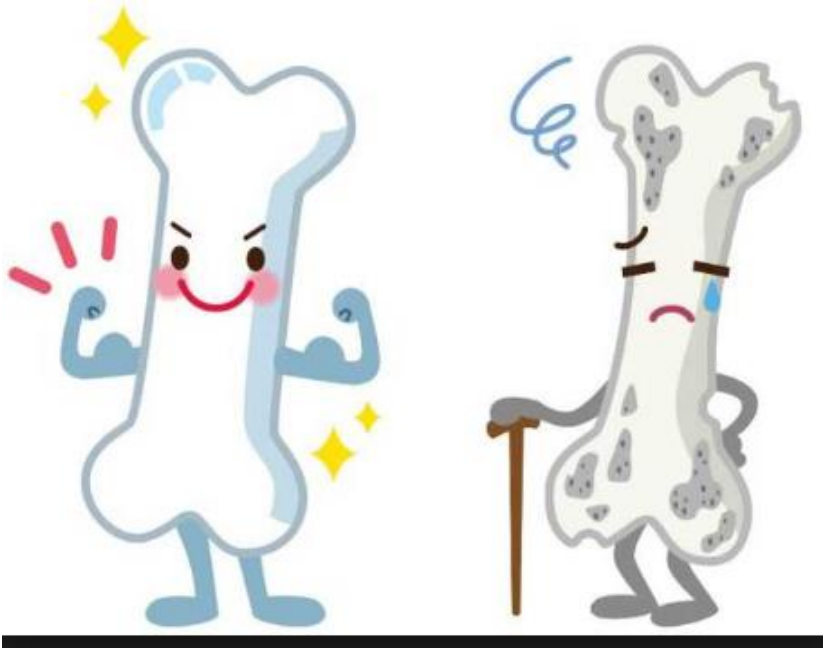
## Bad Breath

The most immediate way that cigarettes cause [bad breath](#) is by leaving smoke particles in the throat and lungs.

## Osteoporosis

Studies have shown a direct relationship between tobacco use and weakened bones.





# It Looks Cool



Someone  
at home  
smokes



# To lose weight



# Your Friends do it





Any  
Other  
Reason

## **Optional**

Start thinking about how you would design an Anti-Drugs Campaign